

Your TATTOO REMOVAL Journey

DAILY

A sunscreen with SPF 30 or greater should be applied. If you haven't found one you love, try our Mineral Pro, tinted or non tinted SPF.

4 WEEKS PRIOR

- Avoid the use of fake tan and gradual tanning products in the treatment area.
- Avoid tanning and incidental sun exposure between treatments.
- Avoid filler injections in the treatment area.
- Prepare the skin with suitable skincare, this will include a tyrosinase inhibitor for Fitzpatrick Skin Types III plus and any skin prone to post inflammatory hyperpigmentation (PIHP)

We recommend O Cosmetics B3 Plus.

2 WEEKS PRIOR

- Avoid prescription strength exfoliant creams in the treatment area.
- Avoid antiwrinkle injections (Botox/Dysport) in the treatment area.

1 WEEK PRIOR

- Avoid benzyl peroxide application in the treatment area.
- Avoid waxing, plucking, threading, using depilatory creams or undertaking electrolysis in the treatment area.

3 DAYS PRIOR

- Avoid cosmeceutical Vitamin A (retinol), AHA's & BHS's, and Vitamin C application .

24HRS PRIOR

Please shave the treatment area thoroughly if required.

INFO

Pre treatment preparation and post treatment care are vital steps of your Tattoo Removal treatments. In order to ensure a safe treatment and to achieve the best results, please follow all advice provided and reach out to us if you have any questions. Failure to follow the advice given may increase the risk of undesirable effects.

WHAT TO EXPECT

During the treatment you can expect moderate discomfort, as a 'flicking' sensation. This sensation should be tolerable and can be alleviated with the use of cold packs or the cooling machine if required.

AFTER & 5 DAYS POST

- A sunburnt-like sensation, swelling, pinpoint bleeding, itchy or dry skin, bruising and tenderness.
- Blistering can occur, especially on distal areas such as the hands and feet.

To care for blisters it is recommended to elevate the area, keep the area clean and covered, it is important not to pick, pop or touch the area as this can lead to scar tissue forming or an infection.

SEVERAL MONTHS POST TX

You could expect transient textural changes which will usually resolve within 6 months . Transient changes to skin pigmentation can occur weeks after initial treatment and will usually resolve within 6-12 months. The use of tyrosinase inhibitors in skincare pre-treatment will assist with prevention of pigmentation changes.

ABNORMAL RESPONSE: Excessive bleeding or persistent redness or swelling. If you experience any of these responses following treatment, please contact us immediately.

HOW MANY TX

This will vary from patient to patient, however as a guide 6 plus treatments may be necessary to achieve your desired outcome. Treatments can be performed 6-12+ weeks apart to give the body a chance to recover from the previous treatment.

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AFTER TREATMENT CARE

DAILY

- A sunscreen with SPF 30 or greater should be applied
- Avoid sun exposure to the treated area.

24 HRS

For the first 24 hours post treatment or until redness and swelling subside.

- Avoid exercise, and activities that increase perspiration and body temperature.
- Avoid extremely hot showers and baths.
- Elevate the area to reduce inflammation.
- Keep the area clean and covered with a dressing.

7 DAYS POST TX

- Application of Soulgel up to 2-3 times per day.
- Avoid use of scented lotions or soaps.
- Avoid the use of pools, spas and saunas.

2 WEEKS POST TX

- Avoid exfoliating the area, this includes shaving, scrubbing or the use of mitts.
- Avoid scratching, picking, or rubbing the area.
- Avoid friction such as clothing rubbing on the area.
- Avoid fake tan and deliberate sun exposure.



WE NEED TO KNOW

Throughout your treatment course, it is important to advise us of any of the following, as these will influence treatment safety and efficacy.

- Sun Exposure or fake tan application on the treatment area within the past 4 weeks
- Any new health conditions, or if you have been unwell
- Commencing any new medication (including short term doses)
- Changes to current medications or supplements
- If you are trying to become, or have become pregnant

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Find us on Facebook and Instagram for before & after photos

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