

PLASMA FIBROBLAST

What is the Plamon Plasma Fibroblast (Plasma) treatment?

Plasma Fibroblast treatment is a non-surgical skin tightening procedure which has the ability to return the same results as traditional surgery. It is safe, performed in clinic and there are no needles. Topical Local Anaesthetic (Numbing Cream) is applied to the area prior to treatment and is completely tolerable. Only the excess skin is affected during the procedure. Patients are able to notice results immediately, however it takes approx. 12 weeks for full effect to be visible. Between 1-4 treatments may be necessary to obtain your desired result. Fibroblast procedure should only be performed by a certified specialist with extensive skin knowledge.

How does Plasma work?

The Plamon hand-piece produces a tiny plasma flash, just like mini lightening. This creates tiny controlled micro wounds which minimise the skin in its immediate vicinity. This reduces the excess skin, tightening the treated area. A series of tiny brown spots are created and strategically placed to obtain the desired result for the excess skin. The skin around the spot tightens pulling the cells closer together. It's the only non surgical treatment to successfully reduce the excess skin instantly, with no damage to surrounding tissue or deeper skin layers. This is an integral part of the success of this treatment.

Is a consultation required?

Yes. Anyone interested in a Plasma procedure is required to have face-to-face consultation. This is because not everyone is a suitable candidate for plasma. A thorough assessment will ensure we both agree it is the right treatment option for you. Multiple factors affect the ageing process and every person and treatment area is different, therefore needs to be determined individually. Consultations are 30-45 minutes, forms will also need to be completed.

How should I prepare for the treatment?

We advise strengthening the skin with Vitamin A, B & C, 2-4 weeks prior to your scheduled treatment. We will talk you through this at your consultation and have products available in clinic if you require them. We suggest not to apply any cosmetics before the procedure, especially mascara if you are having an eye treatment. You will need to obtain your own Numbing Cream, this will be discussed at your consultation.

If anything changes between your consultation day and your procedure day please inform your technician. This includes medications, surgeries and if you think you may be pregnant.

How is the Plasma treatment performed?

The Plamon hand piece creates a plasma flash which travels from the tip to treatment area. The hand piece never touches or penetrates the skin, it is the plasma flash which creates a tiny dot upon the contact. A specific symmetrical grid is created over the treatment area, this causes tightening of skin fibres. Only the surface of the skin is affected and deeper layers are preserved.

Does Plasma hurt?

Plasma patients report minimal to no pain or discomfort during treatment when the numbing cream is applied. Immediately after the treatment the skin will be reddened and lightly swollen, which can last up to 3 days, although slight redness may remain for up to 2-3 weeks. It important to note that upper eyelids will have swelling for approx. 3-4 days so please bear this in mind when planning your treatment. The procedure will cause carbon crusts to form on the skin. Crusts must not be touched and allowed to dislodge by themselves, this can take up to 10 days. However you are able to use a mineral makeup after 48hours to camouflage them. To minimise complications you will be informed on proper aftercare following the procedure.

Are there any side effects after the treatment?

Plasma is a very safe technique in the right hands and side-effects are rare, but infection, scarring and temporary change of skin pigmentation can occur if patients don't follow the stipulated aftercare. Carbon crusts, or dots, are your skin own sterile bandaid, which is why you must not pick them off. They can last up to 10 days. Mild swelling is expected during first 3 days and usually entirely gone by day 5. The majority of our patients do not report any of these side effects after a week.

Are the full effects of the Fibroblast procedure visible right away?

Most patients will notice the effect of the procedure immediately. However, you may experience some swelling post treatment and improved results should be visible up to 12 weeks. In some cases patients may need more than one treatment. This depends on treatment area and skin condition as well as patient's expectations. Followup treatments can be performed in the same area 6 weeks apart.

How long the effect of the treatment will last?

The treatment should last long term although it is impossible to say exactly. Due to the natural ageing process plus many factors which affect patients individually. Lifestyle, diet and genetics all contribute not only to healing but longevity. Permanent results are not possible after either Plasma procedure or traditional surgery as your skin will still be a subject to ageing and skin will loosen again.

Is Fibroblast treatment right for me?

Fibroblast can be used for many different skin conditions. Eyelid tightening, deep lines and wrinkles, neck lifting, hand rejuvenation, body lifting, scar correction, stretch marks and more.

If you suffer from any above mentioned conditions but hesitated with cosmetic surgery, non surgical lift treatment may be the right solution for you.

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If anything changes between your consultation day and your procedure day please inform your technician. This includes medications, surgeries and if you think you may be pregnant.

How long should I allow for the procedure?

To minimise discomfort you will apply your numbing cream to the treatment area. It will take 60 minutes for anaesthetic to take effect. The procedure itself can take between 30-120 minutes, but this is dependent on the size of area we are treating.

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What is the Fibroblast Plasma Therapy aftercare?

Immediately after treatment, there may be a burning sensation likened to sunburn. This will usually resolve during the remainder of the day although if it is particularly uncomfortable or persists for a longer period, then an anti-inflammatory medication such as ibuprofen is an option. We will apply some cream over the treated area to protect it and provide you with some to take home. You will continue to apply this at home until the crusts dislodge. You must ensure you do not get the area wet for 48hrs post treatment.

Following treatment, it is normal to have some swelling. This can be significant around the eyes and can last for several days and may lead to interference with vision in the initial period. Cold compresses may be applied to reduce the swelling. If the swelling is more severe, an anti-inflammatory medication and/or anti-histamine may help. We also suggest sleeping slightly elevated for 48 hours to help the fluid drain.

You can also choose to undergo some LED treatments to speed up the healing process and enhance the treatment outcome.

It is imperative to not pick at this crusting as this may lead to infection or scarring. Occasionally the treated area may become a little weepy, this is part of the normal healing process and will improve with time. However, if it starts to become hot or red or if there is any pus present, then please contact the clinic for advice as this may suggest an infection has developed.

It is essential to keep the treatment area clean, dry and protected with a broad spectrum sunscreen. Do not use alcohol-based cleansers.

It is very important to follow our aftercare recommendations.

Carbon crusts CANNOT be scratched or removed. Drying the skin by dabbing with a clean, lint-free cloth is allowed.

Dermaheal Serum should be reapplied to the area. Healing skin should be protected from direct sun with SPF at all times. Sports, swimming and sauna are not permitted until crusts fall off. This should happen within 7-14 days of procedure.

Can I use cosmetics after the procedure?

Patients may use mineral powder only on top of the aftercare serum after 48hours only. Please avoid any moisturising creams for 5-10 days. This is when usually when carbon crusts fall off. In addition, patients need to avoid all direct heat sources such as sun, UV radiation, saunas etc for the period of 4 weeks. Once healed we highly recommend using SPF30plus daily on the area to prevent ageing and hyperpigmentation caused by sun exposure.