

*Elaine
Brennan*



SKIN RENEWAL PEELING SYSTEM

What is the Elaine Brennan Skin Renewal Peeling System?

The System consists of a peeling formulation that has been carefully researched and developed. It is based on Resorcinol compounded in special non-penetrating base ingredients.

Layers of dead skin cells are exfoliated in a safe and controlled way and are replaced with skin that is more supple, elastic and firmer, with a smoother texture and stable moisture balance.

Who should consider the Elaine Brennan Skin Renewal Peeling Treatment?

Everyone. There is no skin that is not greatly improved after the Skin Renewal Peeling Treatment. It is especially beneficial for:

1. Superficial facial lining, fine wrinkles around the eyes, wrinkles, blemishes and superficial scarring.
2. Dryness, sensitivity or oiliness.
3. Pimples, blackheads, whiteheads (milia) and coarse skin.
4. Pigmentation marks and superficial freckles.
5. Sun damage and poor quality skin.

How does the Elaine Brennan Skin Renewal Peeling System differ from other peels?

The special characteristics of the exfoliation technique are that no destruction of living cells is involved. Only dead cell layers are detached from the skin which remains absolutely intact. Resorcinol is one of the very few substances which have this property. Many other peelings in high concentration can destroy the cells in the deeper layers of the epidermis, which can damage the delicate skin tissues. The Elaine Brennan Skin Renewal Peelings are performed lightly and progressively to produce much better cosmetic results than more aggressive peels.

Can the Elaine Brennan Skin Renewal Peeling System damage my skin?

No. The peelings are safe and controlled with no nasty surprises in store for you. Any risks are removed by using special base ingredients which have no penetration properties and therefore, cannot carry the peeling process too deeply into the skin. There are no toxic side-effects.

How many Elaine Brennan Skin Renewal Peelings can be done?

There is no limit to the number of this type of peeling that a skin will stand, which is not surprising considering that each peeling stimulates re growth. When subjected to stress, the skin fights back by strengthening the elastin and collagen fibres found in the dermis and rapidly renewing the living cell layers in the epidermis. Clearly, all this activity is constructive and causes no weakening of the skin whatsoever.

A fully-trained and experienced specialist will after a professional consultation and skin analysis, outline a plan for the course of treatment. Usually two to three treatments are recommended depending on the condition of your skin, to achieve the desired result.

Experience has shown that when two Elaine Brennan Skin Renewal Peelings are effected at 4-6 week intervals, there is a markedly better result. Depending on the degree of skin damage to be treated, it would be better to arrange for the peelings to be done in quick succession. The cumulative effect of the Elaine Brennan Skin Renewal Peeling repeated at short intervals is particularly noticeable when treating facial redness.

What can I expect?

Depending on the condition of your skin and your skin type, our fully-trained specialist will determine how many of the Elaine Brennan Skin Renewal Peelings will be of maximum benefit to you.

The duration of the application is approximately two hours for each peel.

There is a mild stinging sensation for a few minutes, which can be minimised with the use of a small electric fan.

There is nothing embarrassing or painful about the exfoliation process.

We have known fine skins to peel in five days but as a general rule, it is all over by the seventh day, revealing a fresh, glowing clean skin.

Can the Elaine Brennan Skin Renewal Peeling System be used on other parts of the body?

Yes. Although it is most often applied to the face and neck, it can be very successfully used on other selected areas such as the back, chest, hands and arms.

Can I do the Elaine Brennan Skin Renewal Peeling System myself

No. The Elaine Brennan Skin Renewal Peels must be carefully controlled by personnel fully trained in the technique, who will easily recognise when the process is completed.

Can I wear make-up after the Elaine Brennan Skin Renewal Peeling?

Yes. A protective make-up may be applied straight after peeling. Post-peeling products to protect your skin and ensure the long-lasting effects of the treatment will be recommended for you by your trained skin health specialist.

Efficacy of the Elaine Brennan Skin Renewal Peeling System for rejuvenation and selected skin problems and why it is preferable to Glycolic acid peels and laser resurfacing for all the reasons thus far discussed and also in many cases, it is just more effective.

	E.B. Skin Renewal Peels	Glycolic Acid	Laser Resurface
Wrinkles	Excellent	Fair (multi peels)	Excellent
Melasma	Excellent	Fair	Not recommended
Scars Laxity	Very Good	Not effective	Very Good Excellent
Large pores	Excellent	Not effective	Not effective
Non-facial skin	Excellent	Not effective	Not recommended

About Elaine Brennan

- Paramedical Skin Care Therapist
- Licensed and Board Certified Remedial Electrologist
- CIDESCO (Switzerland)
- Fellow of the American Academy of Micro Pigmentation

Elaine Brennan, born in South Africa, received extensive education in England and France, concentrating in Remedial electrolysis and Medical skincare. After working in Paris, she returned to South Africa where from 1967 to 1997, she owned and operated the very successful "Elaine Brennan Skin and Electrolysis Clinic" in Johannesburg.

Elaine Brennan was the pioneer of skin peeling in South Africa over 30 years ago. Her clinic was an Institute accredited by CIDESCO which is based in Zurich, Switzerland and guarantees worldwide standards of expertise.

Since then and until today, Elaine has been settled in Annapolis, Maryland, where she implements the world renowned Elaine Brennan "Skin Renewal" specialised chemical peeling system as well as advanced Para medical skin therapy, electrolysis, remedial electrolysis, micro-pigmentation, remedial camouflage, scar revision (including burn victims, mastectomy scars, repaired cleft lip scars, face lift scars and reconstruction of areola and nipples post mastectomy)

She deeply values the quality of her patients' skin and goes above and beyond to meet their specific needs. She says, "All treatments are individually planned and designed to suit every client".