



Contraindications for the Elaine Brennan Skin Renewal Peeling

- Pregnant women should not be peeled. The alteration in the hormones causes skin alterations. Avoid peeling until after the pregnancy and until no longer breastfeeding.
- Any major medical condition that might jeopardize the healing process.
- Anyone who is currently taking or has taken the drug "Accutane" within the last 6 months. Many physicians recommend waiting 12 months post Accutane before peeling the skin. If in doubt, permission from the client's physician should be obtained.
- Patients who have active cancer or are undergoing radiation or chemotherapy or has had either within the last six months.
- Patients taking oral chemotherapy drugs.
- Patients who have had cryosurgery or laser within the last 6 months.
- Patients who are currently taking a course of antibiotics which make the skin ultrasensitive.
- Anyone who has an active herpes outbreak or an infection. Herpes simplex outbreak can be caused by all chemical peelings and must be considered in all patients especially those with a history. An outbreak is heralded by unusually severe facial pain that is unexpected and can cause permanent scarring. Anyone with a history of cold sore/fever blister or herpes outbreak must take one of the prescribed medications on our "Antiviral Form".
- Flu or flu like symptoms or a severe cold or fever.
- If the skin is sunburned, been exposed to a sun bed, has a rash, looks extremely irritated or has recently been peeled or abraded by another method or chemical peeling.