

Your CARBON LASER FACIAL Journey

DAILY

A sunscreen with SPF 30 or greater should be applied. If you haven't found one you love, try our Mineral Pro, tinted or non tinted SPF S49.

4 WEEKS PRIOR

- Avoid the use of fake tan and gradual tanning products in the treatment area.
- Avoid filler injections in the treatment area.
- Prepare the skin with suitable skincare, this will include a tyrosinase inhibitor for Fitzpatrick Skin Types III plus and any skin prone to post inflammatory hyperpigmentation (PIHP). We recommend O Cosmetics B3 Plus.

2 WEEKS PRIOR

- Avoid prescription strength exfoliant creams in the treatment area.
- Avoid tanning and incidental sun exposure prior and between treatments. The area needs to be covered and protected from the sun.
- Avoid prescription strength exfoliant creams in the area.
- Avoid chemical peels, microdermabrasion, epiblading or other treatments that compromise the skin's barrier.
- Avoid antiwrinkle injections (Botox/Dysport) in the treatment area.

1 WEEK PRIOR

- Avoid benzyl peroxide application in the treatment area.
- Avoid waxing, plucking, threading, using depilatory creams or undertaking electrolysis in the treatment area.
- If prone to cold sores please speak to your pharmacist about a prophylactic course of antiviral medication.

3 DAYS PRIOR

- Avoid cosmeceutical Vitamin A (retinol), AHA's & BHA's, and Vitamin C application.
- Avoid waxing, shaving & epilating within the treatment area.

AFTER & 5 DAYS POST

- Mild sunburn like sensation, with mild redness.
- Mild swelling and small, raised, red bumps - this is a normal histamine reaction.
- Itchy or dry skin with a tight sensation.

24HRS

For the first 24hours, or until redness and swelling subsides.
A gentle skincare routine will be recommended during this time. Replace with recommended skincare when the area is no longer warm and any small bumps have disappeared.

- Avoid activities that increase perspiration and body temperature.
- Avoid the use of pools, spas and saunas. Avoid hot showers and baths.
- Avoid makeup application.

5 DAYS POST

- Avoid the use of scented lotions or soaps.
- Avoid cosmeceutical Vitamin A, AHA's, BHA's and Vitamin C.

1 WEEK POST

- Avoid the use of prescription strength exfoliants (Vitamin A).
- Avoid anti wrinkle injections in the treatment area.

2 WEEKS POST

- Continue to avoid sun exposure and use SPF 30+.
- Avoid picking or peeling the skin.
- Return to normal skin care, if anything irritates your skin wait another week and try again.

Your CARBON LASER FACIAL Journey

ABOUT

Carbon Facials are an advanced skin rejuvenation treatment, commonly known as the "China Doll" or "Hollywood" facial.

By combining cutting edge aesthetic technology with a special carbon cream, Carbon Facials work to reduce skin imperfections such as enlarged pores, pigmentation, acne scarring and fine lines, while offering an instantaneous glow to your complexion.

As Carbon Facials "peel" off the outer layer of dead skin cells, your skin is instantly exfoliated and purified, resulting in a noticeably more radiant complexion after just 1 treatment. This is why carbon facials are a popular choice for celebrities and public personalities, as they can achieve an instantly healthy and luminous glow before a big event, where their skin has to look and feel its best.

INFO

Pre treatment preparation and post treatment care are vital steps of your Carbon Facial treatments.

In order to ensure a safe treatment and to achieve the best results, please follow all advice provided and reach out to us if you have any questions.

Failure to follow the advice given may increase the risk of undesirable effects.

WHAT TO EXPECT

During your treatment you can expect mild to moderate heat and prickly sensation. Some people equate it to the sensation of a rubber band flicking on the area. These sensations should always be tolerable.

Please allow 60mins and come to your appointment make up free.

HOW MANY TX

This will vary from patient to patient, however as a guide a course of 6 treatments may be necessary to achieve your desired outcome.

Treatments can be performed 4 weeks apart to give the body a chance to recover from the previous treatment.

WE NEED TO KNOW

Throughout your treatment course, it is important to advise us of any of the following as these will influence treatment safety and efficacy.

- Sun Exposure or fake tan application on the treatment area within the past 4 weeks.
 - Any new health conditions, or if you have been unwell.
 - Commencing any new medication (including short term doses).
 - Changes to current medications or supplements.
 - If you are trying to become, or have become pregnant.
-

36 George Main Road, Victor Harbor SA 5211

Phone 8552 3880

Email skinopticsvh@gmail.com

www.skinopticsvh.com

Find us on Facebook and Instagram for before & after photos

