



The Elaine Brennan Get Glowing Micro-Peel

What is the Elaine Brennan Get Glowing Micro-peel?

The Get Glowing Micro-Peel is a treatment in which a cream is applied to the skin to encourage the exfoliation of dead skin cells and debris while stimulating the skin's natural renewal process. The Get Glowing Micro-peel is tailored to fit your individual skin type and long-term goals.

Why was the Get Glowing Micro-Peel Formulated?

The Micro-Peel was created for the client who cannot afford the down time of the Elaine Brennan Skin Renewal Peeling as well as for clients looking for a less expensive option.

How does the Get Glowing Micro-Peel differ from the Elaine Brennan Skin Renewal Peel?

There is no comparison between the two peels and should not be confused with one another. The Get Glowing Micro-Peel is a mild peeling which will lightly exfoliate the skin leaving it refreshed and soft.

What results will I see?

The Get Glowing Micro-peel is designed to refine skin texture damaged by environmental factors and skin conditions such as acne. The procedure assists in smoothing fine lines and evening out skin discoloration. It improves skin texture and reduces the appearance of acne scars and environmental damage to the skin. With each additional Micro-Peel procedure, you will notice incremental improvements in the overall appearance of the skin.

How many treatments do I need?

For maximum results, we recommend a series of Six Get Glowing Micro-Peel procedures in two to six-week intervals, depending on the skin type.

Will I experience any downtime?

For approximately one week following the procedure, the skin will undergo a renewal process, lightly shedding its dead outer layer. Depending on the skin, you may or may not experience peeling. If peeling occurs, it usually begins four to five days following the treatment and lasts for approximately three days. In addition, you may experience mild itching, dryness and redness.

How long does the treatment take?

You will need to be in the clinic for about 1 hour. The peel will need to be on the skin for around 1/2 hour.

Can the general public purchase the Micro-Peel?

No. The Micro-Peeling is a professional product available to licensed skin care professionals and therapists only.



What are the actives in the Get Glowing Micro-Peel

The actives are Resorcinol, Kojik Acid and Salicylic acid.

- Resorcinol works by breaking down rough, scaly or hardened skin and is used to treat acne, eczema, psoriasis, seborrhea, photo aging, solar keratoses, epidermal atrophy and improves skin tone and unevenness.
- Kojik Acid works on melanocytes interfering with the production of melanin. It has excellent skin-lightening abilities and is classified as an antioxidant.
- Salicylic Acid is used to treat skin conditions such as psoriasis, acne, oily skin, blackheads and whiteheads. It directly dissolves the keratin plugs to regulate the skins cells acting as an exfoliant. Salicylic acid improves collagen production and thickness of the skin. It has anti-inflammatory properties.

Contraindications

- Herpes simplex/cold sores/ fever blisters or a history thereof unless taking an antiviral medication.
- Severe cold or flu symptoms
- Allergy to Resorcinol or Salicylic Acid (Aspirin)
- Open wounds or lesions
- Pregnant or nursing women
- Accutane for the past 6-12 months
- Sunburn, allergy, use of tanning bed
- Cancer or patients using chemotherapy drugs, patients undergoing radiation and patients with an autoimmune disease.

Warnings

- "Sun Alert": Because this product may make your skin more sensitive to the sun, be certain you have adequate sunscreen protection against UVA and UVB rays while using this product and for at least a month after you discontinue. This includes during cloudy days and during the winter months.
- The use of this product is for trained professionals only.
- If you are unsure about your allergy issues, always check with a health care professional before applying skin care products.
- No depilatory creams or facial wax to be used 7 days prior to peeling.
- May cause stinging, peeling, flaking, irritation, pruritus, erythema and mild swelling.
- Do not combine our peeling with other modalities.
- Your client should not pick, scratch or scrub at the skin which could predispose to infection.

